



## **To-Go Meals Serves 10**

### **What You Need**

#### ***Sandwiches***

20 slices of bread (~1 loaf)

30 slices lunchmeat

10 slices cheese (American or similar)

OR

Creamy peanut butter

Jelly

#### ***Sides***

10 Cup o' Ramen, granola bars, Pop tarts, etc.

#### ***Extras (optional)***

Juice boxes

Fruit snacks

Individual packages of chips

Encouraging notes, stickers, etc.

#### ***Packaging***

10 paper lunch bags

tin foil or zip loc bags

### **Instructions**

1. To make meat sandwiches, please use two whole slices of bread, two-three slices of meat, and once slice of cheese. To make a PBJ sandwich, please use creamy peanut butter and jelly.
2. Packaging the sandwich: please wrap the sandwiches in tinfoil or sandwich bags. Pack in paper bags and label with the type of sandwich inside.
3. Extra and sides: Please do not package these with the sandwiches in the paper bags. Bringing them in their original packaging or a separate bag is fine; we store the sandwiches in a fridge or freezer, and do not have space to accommodate fully packaged bags of sandwiches and sides, and don't want the refrigeration/freezing to damage the sides. Also, we value letting youth choose their side. (Notes or stickers can be included in the bags as they won't be damaged by freezing or take up much space.)